



Welcome Letter for Parents

Food & Nutrition Services Department

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Saint Louis Public Schools and Southwest Foodservice Excellence, LLC believes that one of the most important ways we can help our children perform better in their classrooms is to provide them with nutritious meals. *Please note, prices are subject to change.*

Breakfast Program:

- Breakfast is free of charge for all students **Adult Pay Meals: \$2.50**
- Offered at all schools in the cafeteria
- Served before the start of school
- Choice of daily hot entrée item or cereal, fruit or 100% juice, 1% low-fat milk or nonfat milk
- **Any additional milk may be purchased: white- \$.55 chocolate- \$.60**
- Menus are located on the Saint Louis Public Schools website (www.slps.org/menus)

Lunch Program:

Elementary Schools:

- Lunch is free of charge for all students. **Adult Pay Meals: \$3.87**
- Lunch includes choice of healthy hot entrees, whole grain items, fruit, vegetables, vegetarian meal options, and 1% low-fat milk or nonfat chocolate milk
- Fresh Fruit and Vegetable Bar for healthy eating options
- **Any additional milk may be purchased: white- \$.55 chocolate- \$.60**
- Menus are located on the Saint Louis Public Schools website (www.slps.org/menus)

Middle Schools:

- Lunch is free of charge for all students. **Adult Pay Meals: \$3.87**
- Lunch includes choice of healthy hot entrees, whole grain items, fruit, vegetables, vegetarian meal options, and 1% low-fat milk or nonfat chocolate milk
- Fresh Fruit and Vegetable Bar for healthy eating options
- **Any additional milk may be purchased: white- \$.55 chocolate- \$.60**
- Menus are located on the Saint Louis Public Schools website (www.slps.org/menus)

Secondary Schools:

- Lunch is free of charge for all students. **Adult Pay Meals: \$3.87**
- Lunch includes choice of healthy hot entrees, whole grains items, fresh fruit, and vegetables, vegetarian meal options, and 1% low-fat milk or nonfat milk
- Fresh Fruit and Vegetable Bar for healthy eating options
- **Any additional milk may be purchased: white- \$.55 chocolate- \$.60**
- Menus are located on the Saint Louis Public Schools website (www.slps.org/menus)



Seamless Summer Option

Community Eligibility Provision Program:

Saint Louis Public Schools operates the Community Eligibility Provision Program, which allows all SLPS school students to eat a free breakfast, lunch and snack without having to fill out a Family Application for Meal Benefits.

Benefits:

- Lunches and breakfasts are served free to all students
- No household applications for free and reduced price meals are collected or certified
- No certification means no verification is required

The Child and Adult Care Food Program (CACFP)

- Nutrition program sponsored by the Missouri Department of Health and Senior Services
- Afterschool Supper and Snack Program
- Schools that provide an afterschool program which include educational, enrichment and/or an athletics programs are eligible to participate
- Supper or snacks are offered through this program
- Schools can receive cold or hot food meals

Nutrition Information:

- Visit our webpage: go to www.slps.org/foodservices
- To review the Health and Wellness Policy, or to view the Policy in other languages, go to: www.slps.org, click on **Parent & Student Tab**, then go to **Health and Wellness**.

Please contact the Food & Nutrition Services Department at (314) 345-4519 or (314) 345-2308 if you have any questions.

Sincerely,

Althea Albert-Santiago

Director of Food and Nutrition Services

This institution is an equal opportunity provider.